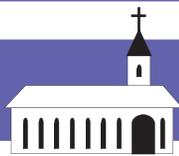


What's happening ...

Chapel



Contact the chapel at **895-1106**. To speak to the duty chaplain after hours, call **895-5850**.

Worship schedule

Protestant services:

8 a.m., Sunday gospel service, Friendship Chapel

9:45 a.m., Sunday School, Shaw Heights Elementary School

10 a.m., Sunday liturgical service, Palmetto Chapel (weekly communion)

11 a.m., Sunday shared-faith Protestant service, Palmetto Chapel

4 p.m., Sunday youth group, chapel annex

7 p.m., Sunday, Young Adult Worship, Palmetto Chapel

Catholic services:

4:15 - 4:45 p.m., Saturday confession, Palmetto Chapel

5 p.m., Saturday Mass, Palmetto Chapel

9 a.m., Sunday Mass, Palmetto Chapel

11 a.m., Sunday School, Shaw Heights Elementary School

Other faith groups may contact the chapel for information on worship times and locations.

Spouses space



ACES meeting

The Association of Civil Engineer Spouses is set to meet Monday at 6:30 p.m. in Building 218. Spouses are encouraged to bring recipes and their dishes for tasting. Members are also asked to bring canned goods to donate to the Family Support Center's food locker. Membership is open to spouses of the Civil Engineer Squadron. For more information, call **499-2336**.

FSC



Resume writing and interviewing

A resume writing and interviewing class is scheduled for today from 9 to 11 a.m. and 11 a.m. to 1 p.m. Plan to arrive 15 minutes early. Classes are sponsored by the S.C. Employment Security Commission. For more information or to sign up, call **895-1252**.

Local job search

A workshop about learning to find employment in the local community is scheduled for Tuesday from 1 to 2 p.m. at the FSC for military and family members. For more information, call **895-1252**.

Employment assistance

The FSC offers assistance to family members with conducting job searches, completing resumes and learning interviewing skills. For an appointment, call **895-1252**.

AFAS scholarship information

The Air Force Aid Society offers \$1,500 grants to qualifying students. The deadline for applicants is March 12.

For more information, visit the FSC or log on to www.afas.org.

Predeployment brief

The next predeployment brief is scheduled for Thursday from 8 to 9:30 a.m. It's mandatory for those departing on deployments of 30 days or more. It covers family separation and antiterrorism measures. Unit deployment managers with 10 or more deploying personnel should contact the FSC to coordinate a mass briefing. If you receive a short-notice deployment notification, call the FSC to schedule an appointment. Spouses are encouraged to attend. For more information, call **895-1252**.

Time for Tots

This parent-toddler group, co-sponsored by FSC and Family Advocacy, is set to meet Thursday from 10 to 11:30 a.m. in the Youth Center. It's an opportunity for parents to network and share issues. For more information, call Mrs. Marcy Prior at **499-2656**.

Career success

A class on learning successful strategies for dealing with different personality types and challenging people is set for Feb. 27 from 11:30 a.m. to 12:30 p.m. at the FSC. Attendees may bring their lunch. For more information or to register, call **895-1252**.

Heart to Heart

Family members of remote or deployed service-members are invited to this meeting Tuesday from 6 to 9 p.m. This will be a dual program for parents and children to talk about various behaviors caused by separation. For more information or to register, call **895-1252**.

Information



Essay contest

The Base Library is having an essay contest open to school-age children. The topic is "What the library means to me." Students may drop off essays at the library no later than Wednesday at 5 p.m. For more information, call **895-9808**.

Commissary scholarship information

The Defense Commissary Agency offers \$1,500 scholarships to children of active-duty, Reserve, Guard and retired military personnel. Applicants must be under the age of 21. The deadline for applications is Wednesday. For more information, log onto www.commissaries.com.

Scholarship information

Team Shaw's Top Three Association is sponsoring scholarships for enlisted personnel and their families assigned to Shaw. The deadline is March 25.

For an application or more information, contact Master Sgt. Gregory Schmalfeldt at **895-1106**.

American Red Cross volunteers needed

The American Red Cross is looking for volunteers at various locations on base, to include the pharmacy, outpatient records, the Health and Wellness Center and the Immunization Clinic. Free daycare is available to volunteers through the Air Force Aid Society. For more information or to volunteer, call **895-1251**.

Live entertainment at Club Shaw

Back by popular demand, Club Shaw presents *Murphy's Law*, performing southern rock, new country and variety, Saturday from 9 p.m. to 1 a.m.

All personnel 18 years of age or older and their guests may attend. There is no charge for members and a \$2 charge for nonmembers. For more information, call **666-3651**.

Lunch menu entrees for CMSgt. Emerson E. Williams Dining Facility

Today -- Mexican-baked chicken, Swiss steak with tomato sauce, stuffed green peppers

Saturday -- Cajun meatloaf, ribeye steak, crispy-baked chicken

Sunday -- Sauerbraten, tuna and noodles, chicken breast parmesan

Monday -- Swiss steak with tomato sauce, baked chicken, sweet-Italian sausage

Tuesday -- Onion-lemon baked fish, pork schnitzel, Yakisoba

Wednesday -- Sweet and sour chicken, Sukiyaki, Szechwan chicken

Thursday -- Orange-spiced chops, liver with onions, tempura vegetables

(Information courtesy of the 20th Services Squadron.)

At the movies



Movie schedule and start time are subject to change. To hear recorded movie information, call **895-2199**.

* Admission: Friday night -- \$1; Saturday -- \$3 for adults, \$1.50 for children under 12; Sunday -- \$1.50.

Friday at 7 p.m. and Sunday at 3 p.m.

Disney's Teacher's Pet, PG (some mildly crude humor) -- An animated, talking dog, named Spot, has taught himself to read. Wanting to further his education and experience new adventures, he disguises himself as a boy and sneaks into the school attended by his master, Leonard.

1 hr. 15 mins.

Saturday

7 p.m., Chasing Liberty, PG-13 (sexual content and brief nudity) -- Tired of being followed around every moment of every day, the 18-year-old daughter of the president of the United States ditch- es her Secret Service handlers. She sets out on a romantic road trip through Europe with her boyfriend.

1 hr. 51 mins.

Intramural sports bring Shaw together

By Staff Sgt. Alicia Prakash
Staff writer

Squadron functions are meant to bring unit members together and boost morale. Playing sports can boost morale when teams come together in an effort to win and represent their squadron through intramural sports.

Tech. Sgt. Mike Tracy, Fitness Center NCO in charge of fitness operations, said team sports are beneficial because they build camaraderie and unite organizations across base.

"Sometimes different squadrons have no idea what the other does for a living," said Sgt. Tracy. "Sports bring us together."

Being involved in a bowling league, Robert "BOB" Reese, 20th Maintenance Operations Squadron bowling team member, said he gets to

meet people from different places on base.

"I get to see how other areas are doing and I meet so many people from out of state," he said.

Reese has participated in Shaw's bowling league for three and a half years. He said he played other sports before, but bowling was different and now he can't get enough of it.

"I joined the league just to try it out, and now I'm hooked," he said.

Reese said he started the team to try something new and he has the paraphernalia to go

along with the game.

"I have my own ball, the shoes, a towel ... all the accessories for bowling," he said.

Reese said he encourages others to join sports activities at Shaw.

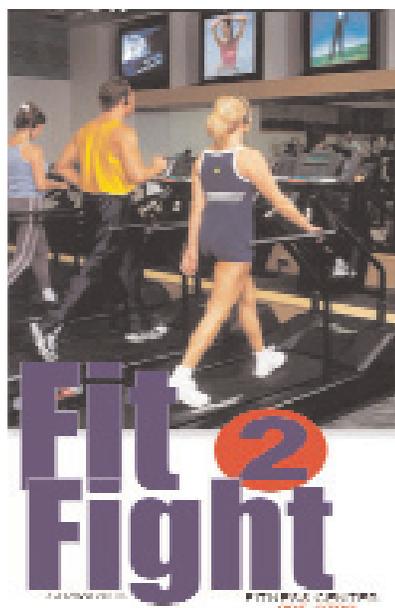
"You can play and have fun in intramural sports," said Sgt. Tracy.

He said they are geared toward the average athlete and not necessarily the professional player.

"People can enjoy intramural sports without worrying about being the best or the star

player," said Sgt. Tracy.

For more information, call the Fitness Center at 895-2789.



Are you "Fit to Fight?"

We're changing our hours just for YOU for a 31-day trial period.

March 1-31
HOURS OF OPERATION
4 a.m. - midnight
Mondays - Fridays



National Women's History Month 5-K Fun Run

Celebrate National Women's History Month by participating in a 5-K Fun Run March 5. Register at the Fitness Center. The registration is \$10 in advance and \$12 on the day of the run.

Participants will meet at the Fitness Center at 8 a.m. Each runner will receive a t-shirt, and free refreshments will also be available. For more information, call Capt. Mattie Goode at 895-1216 or Mr. Terry Davis at 895-2789.



Intramural bowling standings

Team	Won	Lost
Services A	111	49
PMEL	105	55
AGE A	104	56
LRS B	104	56
372 TRS	102	58
AGE B	101	59
CMS/EGRESS	94	66
MSS	93	69
CMS/TF34	88	72
OWS B	87	73
Services B	86	74
AMMO A	83	77
OSS RAPCON	78	82
OWS A	77	85
MOS	72	88
ACOMS	71	89
CONS/AFAA	70	90
LRS A	57	103
OSS	55	105
AMMO B	55	111

Standings as of Monday

SPORTS SHORTS

Varsity tryouts

Shaw's women's varsity softball tryouts are set to begin March 1 and 3 at 5:30 p.m. at the softball field across from Burger King on base.

First cut is set for March 15, and the final cut for March 31. For more information, call Mr. Robert Fulmore at 895-3462.

Class schedules

The Fitness Center has the following classes scheduled:

Aerobics: Mondays, Wednesdays and Fridays from noon to 1 p.m.

Toning and strengthening: Tuesdays and Thursdays from 5:30 to 6:30 p.m.

Step and toning: Tuesdays and Thursdays from 5:30 to 6:30 a.m.

Body mechanics: Wednesdays from 4 to 6 p.m.

Cardio-kickboxing: Mondays,

Wednesdays and Fridays from 5:30 to 6:30 a.m.

Basketball court closure

The Fitness Center is scheduled to close the basketball court for renovation beginning March 2. A new air-conditioning unit, wood floors and bleachers will be installed. For more information, call 895-2789.

Golfers wanted

Air Combat Command Services is fielding a team to compete in a golf challenge May 13-29 at Nellis Air Force Base, Nev.

Active-duty Air Force members with a handicap index of three or less are invited to submit applications. The deadline is Thursday. For more information, call 895-1399.