



## Newslines

### Closure

The 20th Medical Group will have limited services available Monday. The Primary Care Clinic will provide same-day appointments from 9 a.m. to 2 p.m. Both pharmacies, the laboratory and radiology department will close.

### Base-wide yard sale

A base-wide yard sale is set for Saturday, from 7 a.m. to noon, at the grassy area on Highway 441 near the Hospital Gate. For more information, call 895-3382.

### Education news

Central Carolina Technical College is set to have an open house Monday at 2140 Peach Orchard Road on Highway 441, from 5 - 8 p.m. For more information, call 499-4171.

The University of Maryland University College will have a representative available Tuesday, from 9 - 10 a.m., in Room 129 at the Education Center.

The next two available Study Skills and Test Taking courses are set for Tuesday and April 13. For more information, call the Education Center at 895-1838.

### 56 Club meetings

Shaw 56 Club weekly meetings are held Thursdays at 3 p.m. in the Community Center. For more information, call 895-2323.

# Shaw lights way with targeting pod

## 'LANTIRN' system increases combat effectiveness

By Staff Sgt. Lee Watts  
Internal Information chief

With the addition of a new targeting system, the 79th Fighter Squadron's F-16s are now more combat-capable.

The increased capability comes from the AN/AAQ-14 Low Altitude Navigation and Targeting Infrared for Night pod, commonly known as LANTIRN.

A LANTIRN pod is designed to significantly increase combat effectiveness by allowing aircraft to see targets, night or day, and to attack these targets with a variety of precision-guided weapons.

Maj. Michael Lay, 20th Operations Group weapons officer, explained how the pod enables those abilities.

According to him, the targeting pod has a forward-looking infrared sensor which displays an infrared image of the target to the pilot.

"It's like looking at a little black and white TV," he said.

It helps with low-altitude flying and with precise delivery of laser-



Photo by Staff Sgt. Lee Watts

**Airmen 1st Class Orvin Gonzalez (left) and Drew Hammet, 20th Aircraft Maintenance Squadron avionics technicians, inspect a LANTIRN targeting pod on Shaw's flightline Wednesday. The pod's infrared sensors, combined with night-vision goggles, revolutionize night warfare by denying enemy forces the sanctuary of darkness.**

guided munitions by using a laser to determine range to a target and to the ground.

"The targeting pod can see much farther than our eyes.

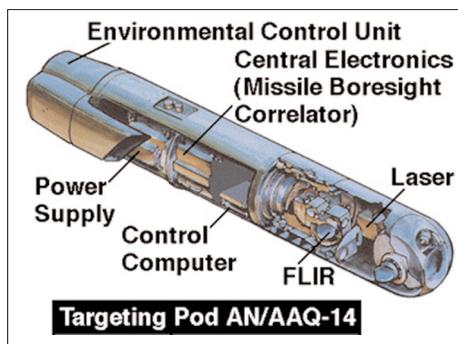
So, it not only improves range, but also accuracy," said Maj. Lay.

According to the Military Analysis Network, the pod has a missile-bore-

sight correlator for automatic lock-on and software for automatic target tracking. In layman's terms, this means for a laser-guided bomb, the pilot aims the laser designator, and the bomb guides it to the target. For a conventional bomb, the pilot can use the laser to determine range, then the pod feeds the range data to the aircraft's fire-control system.

"One benefit of this pod is it enables us to more efficiently use laser-guided bombs," said Maj. Lay.

See Pod, Page 4



## Weekend Weather

Saturday



Cloudy, rain possible  
High: 76  
Low: 62

Sunday



Mostly sunny  
High: 71  
Low: 43

Courtesy of the 20th Operations Support Squadron Weather Flight



**Page 17:** Shaw clinic gets creative with renovations designed to make children smile.

**Page 22:** Shaw member bowls super score; takes individual, team victory at base lanes.



# FPCON what? Questions answered about Shaw's antiterrorism measures

Recent history has taught Americans to realize being within U.S. borders does not make the country immune to terrorism. Attacks on America's homefront caused the military, and the rest of the world, to pay closer attention to threat information. The military's typical response to receiving this type of information starts with a change in the Force Protection Condition, formerly Threat Condition. Established actions of FPCONs are focused on preventing a successful terrorist act at the level at which the threat exists. But what do all they all mean?

**FPCON Normal:** Not much information on terrorist activity has been received; keep eyes and ears open.

**FPCON Alpha:** Terrorist activity exists somewhere; stay proactive.

**FPCON Bravo:** Increased terrorist activity and/or additional information has been received; remain alert.

**FPCON Charlie:** Specific terrorist activity has been identified; take protective measures.

**FPCON Delta:** Terrorists have

attacked or will attack this base; prepare defense.

There are also many questions asked by Shaw members regarding FPCONs. Below are some of the most common ones and their answers.

**Q: Last time we were in FPCON Bravo, I didn't have to meet the pizza delivery man at the gate, this time I did. Why isn't the procedure always consistent?**

**A:** No two FPCON situations are the same. Security Forces personnel are directed to take specific actions in response to information received. For example, if intelligence suggests a possible threat from fuel trucks, with the usual scrutiny, a deliverer may be able to bring the pizza to your door. On the other hand, if information suggests small vehicle bombs, it's safer for the base to keep as many small vehicles out as practical; in that situation, pizza delivery cars just aren't worth the risk.

**Q: I came through the gate this morning and didn't have to show my military ID card; now the gate guard wants to see it, and it's the middle of the day. Why?**

**A:** Good security is not always convenient. SF are required to perform random antiterrorism measures, as are all base organizations. They are done with the idea if the base is being watched, a terrorist won't be able to figure out the best time to come through the gate. The same principle applies to vehicle inspections at the gates.

**Q: Why did we change from THREATCONs to FPCONs?**

**A:** THREATCONs were often confused with threat levels. It is more clear to identify what we are doing (force protection) rather than what we are reacting to (threat), since we may want to increase our protection without a change in threat.

**Q: Will we ever go back to FPCON Normal?**

The events of Sept. 11, 2001, continue to impact how the nation does business. Some have suggested FPCON Normal will be redefined to include measures previously considered higher.

*(Information courtesy of the 20th Fighter Wing Antiterrorism office.)*

## 0-4 Promotion List

The following Shaw captains have been selected for promotion to the rank of major:



### 20th Fighter Wing

Willie Bohles, 20th Comptroller Squadron; Frank Bryant Jr., 77th Fighter Squadron; Robert Groves, 20th Aeromedical-Dental Squadron; Joshua Hetsko, 20th Operations Group; LoriRose Hindman, 20th Medical Operations Squadron; Scott Jewell, 79th FS; Russ Shinn, 20th Operations Support Squadron; Boyd Short Jr., 20th FW; Joseph Taylor, 20th Civil Engineer Squadron; Todd Wiles, 79th FS; Eric Yape, 79th FS

### 9th Air Force

Paul Browning Jr., 609th Air Intelligence Squadron; John Grimm, U.S. Central Command Air Forces Force Protection; Richard Johnson Jr., 9th Air Force; Joshua Lavin, 609th AIS; Clayson Nicholson, 609th Air Communications Squadron; Robert Ostrander, 609th Air Support Squadron; Chris Putman, 609th Combat Operations Squadron; Carl Wiswell, 609th AIS.

# Air Force assesses suicide-prevention efforts

By G.W. Pomeroy

*Air Force Surgeon General Public Affairs*

WASHINGTON -- After 11 active-duty Air Force suicides since Jan. 1, and 14 during the final quarter of 2003, Air Force senior leaders are asking commanders and leaders across the service to assess and re-energize suicide prevention efforts at all levels.

The 2003 calendar-year Air Force suicide rate of 10.5 per 100,000 people was the lowest of all the military services and one-half the rate of a comparable civilian population of males between the ages of 20

and 50. As of Feb. 24, the service's suicide rate was 18.1.

In a letter sent to all major commands, the Air Force's acting assistant vice chief of staff urges all airmen to continue pitching in to reduce the number of suicides.

"Suicide is not stopped by medical personnel in emergency rooms; it is stopped by addressing quality-of-life issues in the unit on a daily basis," Lt. Gen. Richard Brown III wrote in the letter.

"The major components of the Air Force Suicide Prevention Program are active leadership involvement, an emphasis on community involvement and a focus on prevention throughout the life of airmen and their families, not just when they are suicidal," Gen. Brown wrote.

"Pay special attention to the quality of your suicide-prevention briefings," he added.

The Air Force requires active-duty and civilian personnel to attend suicide-prevention briefings once during the 15-month air and space expeditionary force cycle.

In light of the recent suicides -- none of which occurred during Operations Enduring Freedom or Iraqi Freedom -- Gen. Brown urged commanders to "review how well we continue to implement the 11 initiatives that serve as the foundation of the Air Force Suicide Prevention Program."

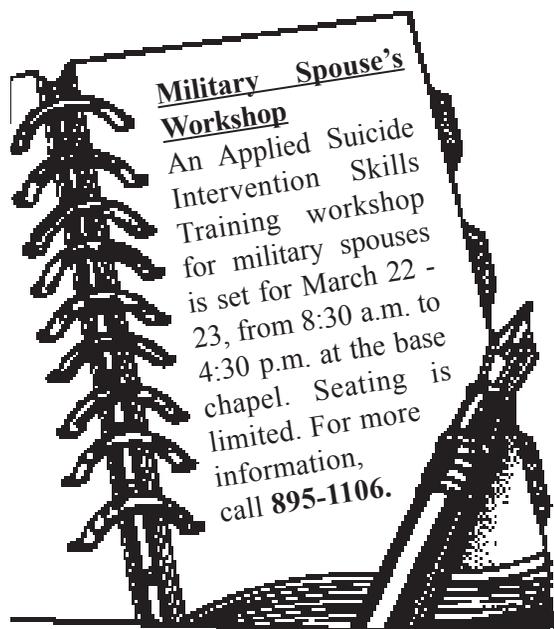
The 11 initiatives are outlined in Air Force Pamphlet 44-160, *Air Force Suicide Prevention Program: Description of Program Initiatives and*

*Outcomes.* The 11 initiatives are: build community awareness; leadership involvement; investigative interview policy; professional military education; epidemiological database; delivery of community preventive services; community education and training; critical incident stress management; integrated delivery system; limited patient-psychotherapist privilege; and unit risk-factor assessment.

Air Force leaders take a community approach in suicide prevention, encouraging every airman to take responsibility in reducing the number of suicides.

A key element of the program is to make a steady pipeline of suicide-prevention tools available for Air Force people at all levels. So far in 2004, the Air Force Medical Service has issued the 2004 Leader's Guide for Managing Personnel in Distress, which is geared to help commanders, first sergeants and other leaders recognize when their people are distressed and learn how to respond appropriately. It helps commanders link their people to resources and get them help as soon as possible.

The guide presents information on 35 distressing situations, checklists detailing potential behaviors or signs reflective of a person's reaction to the distressing event, and responses or resources leaders may want to use in responding to a person's needs. The guide was distributed on CD-ROM to every squadron commander and first sergeant in the Air Force. The guide can be viewed on the Air Force Suicide Prevention Program Web site at <https://www.afms.mil/afsp>.



## LEGAL News

■ Shaw's Tax Center plans to close its doors April 15. Paper returns need to be completed before then, in order to be post-marked by that day.

Electronic returns can be accomplished April 15, but members are encouraged to complete their returns and file as far in advance as possible.

For more information, call 895-8780.

■ Numerous lottery scams have been brought to the base Legal Office's attention.

Members should be on the lookout for any "El Gordo Mega Lottery Final Notices," or other similar mailings.

These lottery notices are global scams proclaiming the recipient of the letter a winner (all on official-looking correspondence). The letter requests banking information, complete with account and routing numbers, to "process your payment." These are bogus lotteries and members are warned not to participate.

For more information, call 895-1560.

From Pod, Page 1

Capt. Jon Kalberer, 79th Fighter Squadron weapons officer, explained how the targeting pod increases efficiency.

"Before the pods were installed, we could drop laser-guided bombs, but another aircraft would have to guide them to the target. Now we can guide them ourselves."

Maj. Lay said another benefit of the system is it complements the destruction of enemy air-defense

missions, which is a sub-set of Shaw's primary mission of suppression of enemy air defenses. He said it does that by enhancing the capability to locate air defenses and the increased precision helps to minimize collateral damage.

Originally, the pods were designed for older model F-16s, but software now enables block 50 F-16s, such as Shaw's, to use the system.

Currently, the 20th Fighter Wing

has six pods. More will be installed as additional pods become available.

The Sniper XR, a more advanced targeting pod specifically designed for block 50s, is set to replace the LANTIRN system and will eventually be installed on each 20th FW jet.

"The Sniper is in testing now and set to be ready in the summer," said Maj. Lay.

Shaw pilots are currently training on the older targeting pod in preparation for the new system.

## National Prayer Breakfast feeds body, soul



Photo by Airman 1st Class Susan Penning

Shaw members gather at the Conference Center Tuesday for the annual National Prayer Breakfast. Chaplain (Maj. Gen.) Lorraine Potter, chief, Air Force Chaplain Service, was guest speaker at the event.

## 20th Security Forces Squadron Blotter

(Editor's note: The blotter includes incidents from the 20th Security Forces Squadron reports. The following information is intended to increase awareness of resource protection and safety concerns.)

■ An airman was arrested in Sumter for Driving Under Suspension and Improper Start.

■ An airman was charged with DWI and Possession of a Controlled Substance.

■ A civilian was charged with Possession of a

Controlled Substance.

■ A civilian was charged with DUI at the Main Gate.

■ Security Forces responded to seven incidents regarding accidents and damages to POVs.

■ There were 31 traffic tickets issued during the week.

In case of emergency, call 911. Direct routine questions and non-emergency concerns to the 20th SFS at 895-3670. If you have information about any crime, listed here or otherwise, call the 20th Security Forces Investigations section at 895-3600.



## Traffic Tips

All Shaw members are required to register their vehicles within five duty days of reporting on base. Exception: If personnel are PCSing from an overseas assignment, a pass may be issued for 45 days. Also, those TDY to Shaw may be issued a pass, valid for the duration of the TDY, as reflected on official orders.

New vehicle passes are issued to those who have purchased a new vehicle, but have not received vehicle registration back from the state. Individuals must have a bill of sale, military ID, valid driver's license and valid proof of insurance.

## Question Corner

**Question:** What building on Shaw is named in honor of former U.S. Rep. L. Mendel Rivers?

**Last week's question:** There are 19 squadrons that make up the 20th Fighter Wing.

**Last week's winner:** No correct answers were submitted.

The first person to e-mail *The Shaw Spirit* at [spirit.editor@shaw.af.mil](mailto:spirit.editor@shaw.af.mil) with the correct answer will get their name in next week's paper.



## DUI/DWI Statistics

**Last incident:** 20 days  
**Last unit:** 20th FW  
**2004 total:** 8  
**2003 total:** 28

**Punishment:** During 2003, more than 13 stripes were lost at Shaw because of DUIs/DWIs.



(As of Thursday)

**AADD**  
Past week's saves: 26

Shaw's Airmen Against Drunk Driving offer free, confidential rides back to base for members who are intoxicated. For a ride, call 983-9722.

## 20th SFS named outstanding by ACC

By Ms. Adriene M. Dicks  
Correspondent

The 20th Security Forces Squadron recently received the Air Combat Command Active Duty Medium Security Forces Award for 2003. The award period was Jan. 1 – Dec. 31, 2003, a year described as remarkable for the squadron by Capt. Gregory Woosley, 20th SFS acting commander.

“Despite maintaining one of the highest deployment tempos in the 20th Fighter Wing, our ability to protect the people and equipment of the Air Force’s largest combat F-16CJ wing with unparalleled resource and force protection was nothing short of spectacular,” said Capt. Woosley. “Deploying more than 110 of 182 assigned personnel in support of Operation Iraqi Freedom, we proved we can take the fight anywhere in the world and still provide steadfast security at our home station.”

According to Chief Master Sgt. Louis DeMonte, 20th SFS manager, this award is proof of what a total force effort can do. The 20th SFS uses the capabilities of their own troops, 20th FW augmentees, individual mobilization augmentees and Army National Guardsmen to protect Shaw’s people and resources.

Some of the unit’s accomplishments during the award period include facilitating F-16 familiarization training for 72 police, fire and rescue units from seven surrounding counties, launching Operation Nighthawk with the Air Force Office of Special Investigations at base entry gates to do after-hours drug screening, and administering a base juvenile corrections/rehabilitation program for youths needing positive influence.

Chief DeMonte says having the highest re-enlistment rate among first-term airmen in the Air Force and 95% of Army National Guardsmen volunteering for a second year at Shaw shows their troops are well taken care of.



Photo by Ms. Adriene M. Dicks

Members of the 20th SFS line up to receive a briefing during a guard mount shift change. Security forces troops have guard mount each day before duty begins.

### Allsbrook retirement

Senior Master Sgt. James Allsbrook, 20th Maintenance Group Weapons Standardization, is retiring after more than 26 years of service. He and his family have been at Shaw 17 years on two assignments.

The Moncks Corner, S.C., native has three daughters, Crystal, Tami and Jamie, and one grandson, Sean. After retirement, Sgt. Allsbrook and his wife, Teresa, plan to enjoy some time off and continue to work with Habitat for Humanity and other projects.

The retirement ceremony is scheduled for March 12 at 2 p.m. in the Weapons Load Training Facility, Hangar 611.



### Volunteer of the Month

#### Marcy Prior

Mrs. Prior, wife of Tech. James Prior, 20th Component Maintenance Squadron, is the coordinator for Time for Tots, a parent-toddler play group that meets each week. She says working with the group gives her the opportunity to spend time with her children and socialize with other parents in a safe environment. Mrs. Prior says, “There is nothing more exciting and fulfilling than seeing life through the eyes of a child.”

# Women's Health Fair promotes preventive measures

By Ms. Adriene M. Dicks  
Correspondent

The 20th Medical Group will recognize March as Women's History Month with the Fourth Annual Women's Health Fair. The theme for this year is "Women Inspiring Hope and Possibility."

According to Capt. NaQuita Manning, 20th Medical Operations Squadron clinical nurse, the fair was developed to honor women through educational and preventive health services.

"The goal is to pay respect to women's courage and vision while protecting both their physical and mental health," said Capt. Manning. "With this health initiative, we set the standard for ourselves and provide inspiration for future generations."

The health fair is scheduled for March 12 from 8 a.m. to 2 p.m. at the military treatment facility. Booths will be set up throughout the building providing educational materials and demonstrations. As participants sign in at the door, gift bags will be dis-

tributed and door prizes will be awarded throughout the day. Among the door prizes this year are massages, Shaw Lanes bowling coupons and dinner for two.

Lectures will also be offered throughout the day. Topics include birth control options, relaxation methods and skin care.

New to the health fair this year are representatives from the Base Library. They will offer research guidance for women's health issues and provide informational handouts.

Although it is called the Women's Health Fair, everyone is invited to attend. At last year's fair, there were more than 300 attendees, both male and female, active duty, retired and civilian, from children to senior citizens.

"The health fair is informative for women but it's also an opportunity for their husbands, sons and fathers to find out which health issues are paramount for women," said 1st Lt. Cynthia Mandac-Clark, 20th MDOS clinical nurse.

## Health fair booths

The following is a list of some booths scheduled to be set up at the Women's Health Fair:

- Cholesterol/glucose screening
- Nutritional medicine/Health and Wellness Center
- Red Cross
- Bone density screening
- TRICARE
- Natural/herbal products
- Cosmetic products
- Massage therapy
- Family Support Center
- Physical therapy
- Blood pressure screening
- Sumter Safe Kids
- Hospital services



*Photo by Airman 1st Class Amber McCarthy*

## A piece of history

From left, in traditional African attire, Mr. Carl Abron, 609th Combat Plans Squadron, Master Sgt. Detrolia Garrett, 609th Air Support Squadron and Mrs. Mattie Dowdy, 9th Air Force Historian Office and vice president of Shaw's Black Heritage Committee, welcomed Mr. and Mrs. Leroy Bowman to the base's annual Black History Month Banquet Feb. 20. Mr. Bowman is one of the original Tuskegee Airmen. The banquet's guest speaker was Clayborne D. Haughton, Jr., former acting deputy assistant Secretary of Defense for equal opportunity and principal director for Equal Employment Opportunity, Office of Deputy Assistant Secretary of Defense.

## Air Force Portal now available

RANDOLPH AIR FORCE BASE, Texas -- The days where people need to remember numerous user IDs and passwords for basic online personnel services are coming to an end, thanks to the Air Force Portal.

"The portal is a powerful tool," said Col. Gregory Touhill, director of personnel data systems at the Air Force Personnel Center here. "We took the personnel applications our military and civilian employees use most often and made them accessible via the portal."

Among those accessible on the portal are virtual out-processing, retraining vulnerability lists, civilian employee career briefs and the Employment Benefits Information System.

"Now, an airman deployed anywhere in the world has access to his or her personnel records through the portal," he said.

By logging on to the Air Force Portal at [www.my.af.mil](http://www.my.af.mil), users can access 14 of the most used personnel Web services, like the virtual military personnel flight and civilian employment pages.

"Users won't have to remember several passwords and input them every time they want to

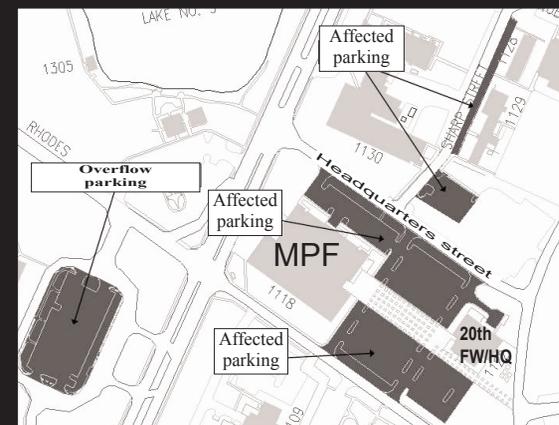
get into a particular application anymore," Col. Touhill said. "Instead, airmen can log onto the portal when they come to work and use the available applications."

Having reduced sign-on access from desktop computers to personnel information saves people from having to wait in line at their local personnel flight, Col. Touhill said. Now for many of those services, users won't have to remember separate passwords.

The Air Combat Command deadline to create Air Force Portal accounts is March 31. The 20th Communications Squadron Network Control Center is creating accounts for individual users. Shaw members will be notified that an account has been created with an assigned user name and password via e-mail. After receiving the notification, users must log onto the portal site, change passwords and ensure all information is correct.

For more information about the portal or the online applications, call the Air Force Contact Center at 1 (800) 616-3775. *(Information courtesy of Air Force Print News. The 20th CS Network Control Center contributed to this article.)*

## Parking lot construction



Construction on the 9th Air Force Headquarters, 20th Support Center and 20th Fighter Wing Headquarters buildings' parking lots is set to begin March 15 and continue for approximately three months. All members are to honor the contractor's barricades. Overflow parking is designated for the Conference Center.



## Air Force News

### New path to civilian information

**RANDOLPH AIR FORCE BASE, Texas** -- Civilian appropriated-fund employees and prospective applicants can now get answers to questions about employment opportunities, benefits and entitlements and more online at the Air Force's Customer Service Center.

A new database, located at [www.afpc.randolph.af.mil/est](http://www.afpc.randolph.af.mil/est), includes hundreds of questions and answers allowing users to find explanations personally rather than waiting on the phone or reviewing long documents on various Web sites.

"We want to help people by providing a proactive approach to online customer service," said Lee McGehee, deputy director of civilian personnel operations at the Air Force Personnel Center here.

For employment online inquiries, users who do not find an answer to their specific question can submit a query online through the "Ask-A-Question" tab at the top of the page.

"We'll not only get the person an answer in a couple of days, but we'll put that question and answer in the database to help people in the future," Mrs. McGehee said.

People needing to speak to someone directly about their employment opportunities or benefits can call **1 (800) 616-3775**.  
*(Information courtesy of Air Force Print News.)*

### Fill 'er up



Photo by Staff Sgt. Shane Cuomo

**A 55th Fighter Squadron F-16 approaches a KC-135 for refueling during the squadron's recent readiness deployment to Savannah, Ga.**

## Fluorescent lamp recycling

Most Shaw units use fluorescent lamps to light their work area. Used lamps are sometimes found in dumpsters where they do not belong. All fluorescent lamps can either be picked up by the Central Accumulation Point personnel or dropped off at the CAP. Offices or shops should separate expended lamps from serviceable lamps so they don't get mixed together. If a unit doesn't have a box to package lamps in, the CAP can supply boxes and labels.

Shaw labels all fluorescent lamps with the Universal Waste Label. Once packaged, place a UWL on the box and fill out the contents as fluorescent lamps, then put the start date and fill out the address: 76/378 Shaw A.F.B, S.C., 29152. Once packaged, lamps must be disposed of within three days whether the box is full or not. Units may call the CAP to arrange for a pickup or bring the box to the CAP, located on Kingfisher Road behind the base recycling center. Hours of operation are 7:30 a.m. to 4:30 p.m. Mondays - Fridays. For more information, call the CAP at 895-0120 or 236-4450.

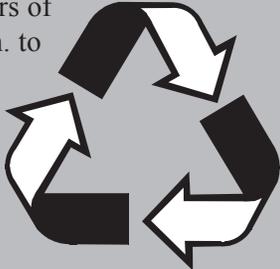


Photo by Master Sgt. Paul Holcomb

## Shooter for a Day

Staff Sgt. Dennis Speicher, 55th Fighter Squadron, shows Ian Carlson (left) the night-vision goggles pilots use during his visit to Shaw Monday. Ian was participating in the squadron's "Shooter for a Day" program.