

What's happening ...

Chapel 895-1106



To speak to the duty chaplain after hours, call 895-5850.

Worship schedule

Protestant services:

8 a.m., Sunday gospel service, Friendship Chapel

10 a.m., Sunday liturgical service, Friendship Chapel (weekly communion)

11 a.m., Sunday shared-faith service, Palmetto Chapel

6 p.m., Sunday, Faith Factor

7 p.m., Wednesday youth group, Youth Center

Catholic services:

4:15 - 4:45 p.m., Saturday confession, Palmetto Chapel

5 p.m., Saturday Mass, Palmetto Chapel

9 a.m., Sunday Mass, Palmetto Chapel

Other faith groups may contact the chapel for information on worship times and locations.

Menu 895-9791



Entrees for the Chief Master Sgt. Emerson E. Williams Dining Facility

Today-- Lunch -- Seafood newburg, beef and corn pie, roast turkey; **Dinner** -- Simmered corn beef, pineapple chicken, Yankee pot roast

Saturday -- Brunch -- Savory-baked chicken, Swedish meatballs, Creole shrimp; **Dinner** -- Baked fish, Hungarian goulash, barbecue chicken

Sunday -- Brunch -- Oven-fried fish, Cantonese spareribs, grilled mustard chicken breast; **Dinner** -- Beef stir-fry with broccoli, turkey nuggets, loin strip steak

Monday -- Brunch -- Spaghetti with meatballs, veal parmesan, pasta with clam sauce; **Dinner** -- Chili macaroni, beef cannelloni, Southern-fried chicken

Tuesday -- Lunch -- Teriyaki chicken, veal parmesan, salmon cakes; **Dinner** -- Country captain chicken, meat loaf, turkey a la king

Wednesday -- Lunch -- Sweet-and-sour pork, sukiyaki, szechwan chicken; **Dinner** -- Lemon-herb chicken, barbecue spareribs, stuffed pork chops

Thursday -- Lunch -- Herb-baked chicken, stuffed cabbage rolls, Southern-fried catfish; **Dinner** -- Roast pork loin, jagerschnitzel with mushroom sauce, glazed Cornish hen

(Courtesy of the 20th Services Squadron. For more information, call the number above.)

FSC 895-1252



Sponsorship training

Sponsorship training is set for Tuesday from 10 to 11 a.m. at the Family Support Center. It is mandatory for first-time sponsors or those who have not sponsored anyone within a year. For more information, call the FSC.

Budget class

A budget class for E-4s and below is set for Wednesday from 8 a.m. to noon. For more information, call the FSC.

Bundles for Babies

Bundles for Babies is set for Wednesday from 1 to 4:30 p.m. at the FSC. The class is designed to help E-4s and below, who are expecting their first child, prepare emotionally and financially. To sign up, call the FSC.

Teens and money

A workshop designed to help educate teens on the basic principles of financial responsibility, is set for Wednesday from 6:30 to 7:30 p.m. at the Teen Center. For more information, call the FSC.

Single parent group

Single parents are invited to network and meet with other parents Oct. 18 from 3 to 4 p.m. at the FSC. For more information, call the FSC.

Time for Tots

This playgroup for parents and children, meets Thursdays from 10 to 11:30 a.m. at the Youth Center. For more information, call the FSC.

Information



Hispanic Heritage month events

Sumter's Authentic Voices Program is celebrating Hispanic Heritage Month through poetry, dance and music Oct. 16 at 7 p.m. at the Sumter Opera House. The cost is \$3 for adults or \$6 for families. For more information, call 436-2616.

Today through Oct. 15, the base library is offering free access to Spanish-language online resources. Members can also sign up for a free bi-monthly Spanish community online newsletter. For more information, call the library at 895-9810.

International potluck food sampler

A free international potluck food sampler is set for Oct. 18 from 6 to 8:30 p.m. at the Community Center. All Shaw members are invited to attend.

Officers' Civilian Spouses' Club

The Officers' Civilian Spouses' Club is set to meet Oct. 19 at 6:30 p.m. Members should come dressed in their favorite college team apparel. For more information, call the FSC.

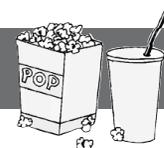
Sumter Green Fall Feast

A fall feast, hosted by the Sumter Green committee, is set for Oct. 28 at Swan Lake Iris Gardens from 6 to 9 p.m. Fun, entertainment, food and drink will be available. Admission is \$5 per person. Children under five get in free.

Halloween schedule

Halloween will be observed Oct. 30 in Sumter and at Shaw. Trick-or-treat times on base are scheduled for 6 to 9 p.m.

At the movies 895-2199



Movie schedule and start times are subject to change. Call the base theater to hear recorded movie information. * Admission is \$1 for both adults and children at all showings.



Today at 7 p.m.

Suspect Zero, R (violent content, language and nudity) -- FBI Agent Thomas Mackelway gets called in to investigate a strange murder. When the trail leads him to the suspect, he realizes he has been drawn into a psychological labyrinth that turns what is expected upside down.

1 hr. 39 mins.



Saturday at 7 p.m.

Exorcist: The Beginning, R (violence and gore, disturbing images and rituals, and language) -- This film will tell the tale of Father Merrin's journey as a young missionary priest to post-WWII Africa, which led to his first encounter with demonic forces.

1 hr. 54 mins.



Photos courtesy of Sony Pictures and Yahoo Movies

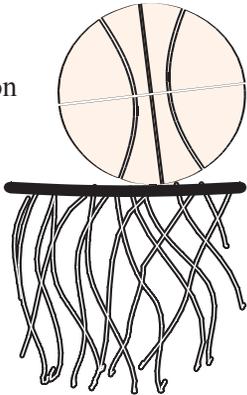
Sunday at 3 p.m.

Superbabies: Baby Geniuses 2, PG (violence and rude humor) -- "Superbabies" is the sequel to Baby Geniuses, where characters worked to crack the code to "baby talk," a language that allows babies to communicate their knowledge of the secrets of the universe. This adventure continues with a new generation of talking toddlers.

1 hr. 30 mins.

Men's 2004 Varsity Basketball roster

The roster for the Shaw Men's 2004 Varsity Basketball Team includes:
Anthony Bivins, 609th Combat Operations Squadron
Aurelio Bowie, 20th Component Maintenance Squadron
Natural Conyers, 20th Medical Support Squadron
Ajai Gaines, 20th Security Forces Squadron
Timothy Jones, 20th Equipment Maintenance Squadron
Clarence Lee, 20th Logistics Readiness Squadron
Andre Largent, U.S. Army recruiter in Sumter
James May, 609th Air Intelligence Squadron
Antwon McPhail 609th Air Operations Group
Aramuis Odister, 20th CMS
Eric Parlin, 28th Operational Weather Squadron
Michael Royster, 20th LRS
Cameron Stubbs, 609th COS
Bryon Simon, family member
Darrius Williams, 20 LRS
Roy Williams, family member
Coaches: Robert Sedberry, 20th Services Squadron, and
Charles Cowan, 55th Fighter Squadron



2004 Intramural Football Leagues

The following games are scheduled for next week.

National League

Wednesday

5 p.m. MDG vs CMS/AIS
6 p.m. OSS vs AMXS
7 p.m. CMS/EWS vs OWS
8 p.m. PROPS vs CPTS
9 p.m. CES vs OSI

American League

Tuesday

5 p.m. CS vs 9th AIS
6 p.m. LRS vs 9TH COS
7 p.m. SFS vs EMS
8 p.m. EGRESS vs 55TH
9 p.m. 9TH ACOMS vs AMMO

Thursday

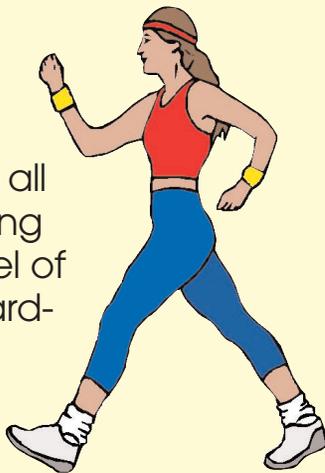
5 p.m. SFS vs 9TH ACOMS
6 p.m. 9th COS vs 55th
7 p.m. CS vs EGRESS
8 p.m. EMS vs AMMO
9 p.m. 9th AIS vs LRS



WALKTOBER

Take the walking challenge!

The Health and Wellness Center is hosting a walking program this month. The center is encouraging all Shaw members to "take the walking challenge" and increase their level of physical activity. Prizes will be awarded for top performers. For more information or to sign up, call the HAWC at **895-1216**.



Breast Cancer Awareness

Shaw's medical treatment facility has planned some upcoming events to help educate Shaw women about breast cancer risks and treatment. Information booths, with nurses available to answer questions, will be set up at the BX Oct. 22 from 1 to 4 p.m.

In addition, breast cancer awareness booths will be set up at the medical treatment facility Oct. 15 and 29 from 9 to 11 a.m.

For more information or for instructions on how to perform a self-exam, call **895-CARE** and ask to speak to your primary care manager, or visit the American Cancer Society's breast cancer site at www.cancer.org. Choose the **Making Strides** link.



Shaw members accept

Viper Challenge



Photo by Airman 1st Class Amber McCarthy

Members participate in a tug-of-war competition during the Viper Challenge Sept. 29. The day's events included various sports competitions. Free food and drink were provided by the 20th Services Squadron and served by Shaw's First Sergeants' Association.



Photo by Airman 1st Class Amber McCarthy

Players compete in a basketball game during the challenge.



Photo by Staff Sgt. Josef Cole

Staff Sgt. Christopher Watkins, 20th Civil Engineer Squadron, fires his paintball marker during the final game of the paintball portion of the challenge.



Photo by Airman 1st Class Amber McCarthy

Retired Chief Master Sgt. Jim Allen, 20th Fighter Wing, is safe as Col. Stephen Niles (left), 20th Medical Group commander, snatches the ball in the Eagles (commanders) vs. Chiefs game at the Viper Challenge.