

What's happening ...

Chapel

Contact the chapel at 895-1106. To speak to the duty chaplain after hours, call 895-5850.

Worship schedule

Protestant services:

8 a.m., Sunday gospel service, Friendship Chapel
9:45 a.m., Sunday liturgical service, Friendship Chapel (weekly communion)

9:45 a.m., Sunday School, Shaw Heights Elementary School

11 a.m., Sunday shared-faith Protestant service, Palmetto Chapel

4 p.m., Sunday youth group, chapel annex

7 p.m., Sunday, Young Adult Worship, Palmetto Chapel

Catholic services:

11:30 a.m., Tuesday - Friday, Daily Mass/Communion, Palmetto Chapel

4:15 - 4:45 p.m., Saturday confession, Palmetto Chapel

5 p.m., Saturday Mass, Palmetto Chapel

9 a.m., Sunday Mass, Palmetto Chapel

11 a.m., Sunday School, Shaw Heights Elementary School

Spouses Space

ACES meeting

The Association of Civil Engineer Spouses is scheduled to meet Saturday at 8:30 a.m. at Environmental Engineering, building 218, to carpool to Myrtle Beach and prepare for the holiday season by outlet shopping. Return time is 5 p.m. Membership is open to all spouses of the 20th Civil Engineer Squadron. For more information, call 499-2336.

FSC

TAP briefings

A mandatory Transition Assistance Program separation or retirement briefing is set for Monday from 1 to 3 p.m. at the FSC for military members planning to separate or retire. Members are encouraged to attend upon deciding to retire or separate to allow plenty of time to take advantage of benefits and entitlements earned for serving. Spouses are encouraged to attend. O-5s and over may schedule one-on-one briefings. For more information, call 895-1252.

Predeployment brief

A predeployment brief is scheduled for Thursday from 8 to 9:30 a.m. It's mandatory for those departing on deployments of 30 days or more. It covers family separation and antiterrorism measures. Unit deployment managers with 10 or more deploying personnel should coordinate a mass briefing. Short-notice deploying members should call FSC. For more information, call 895-1252.

Resume writing and interviewing

A resume writing and interviewing class is set for Oct. 24 from 9:30 to 11 a.m. and 2 to 5 p.m. Plan to arrive 15 minutes early. The classes are sponsored by the S.C. Employment Security Commission. For more information or to sign up, call 895-1252.

Time for Tots

This parent-toddler group, cosponsored by the FSC and Family Advocacy, will meet Thursday from 10 to 11:30 a.m. at the Youth Center. It's an opportunity for parents to network and share issues. For more information, call Marcy Prior at 499-2656.

Smooth Move workshop

The Smooth Move workshop is scheduled for Wednesday from 8:30 a.m. to noon. It is designed for servicemembers and their families PCSing out of Shaw or separating. Representatives from TMO, finance, base housing, legal, Military Equal Opportunity and the Personal Financial Management Program will answer questions on relocation issues. For more information, call 895-1252.

Heart to Heart

Family members of remote or deployed servicemembers are invited to this meeting Tuesday from 6 to 9 p.m. A representative from Choice Behavioral Health will be available to discuss deployment, family issues and address children's behavioral changes. This will be a dual program for parents and children. For more information or to register, call 895-1252.

Information

Youth Fall Festival

Shaw families are invited to the Youth Fall Festival Oct. 24 from 6-8 p.m. at the Youth Center. There will be food, games and costume contests for all ages. For more information, call 895-2252.

Casino trip

A Sun Cruz Casino trip to Little River, S.C., is scheduled for Oct. 25. For \$20 per person, the trip includes round-trip transportation, admission to the ship and lunch buffet. For information, call 895-4774.

Skills Development Center specials

The Skills Development Center offers all holiday greenware 15% off Oct. 24. Orange and black paint will be 10% off Oct. 31. For more information, call 895-2727.

Airmen's Cookie Drive

Volunteers are needed to bake and donate decorated cookies and holiday-wrapped candies for the Shaw Air Force Base Airmen's Cookie Drive at the Community Center. They are scheduled to be packaged Dec. 5 from 7 a.m. to 3 p.m. The trays will be picked up and delivered to airmen living in the dorms, alone for the holidays or working on Christmas Day. People are also needed to help set up tables at the center Dec. 4. For more information, call Rhonda Stegall at 499-3553.

Lunch menu entrees for CMSgt Emerson E. Williams Dining Facility

Today -- Mexican-baked chicken, Swiss steak with tomato sauce

Saturday -- Baked chicken, cajun meat loaf, steak

Sunday -- Tuna and noodles, sauerbraten, chicken parmesan

Monday -- Swiss steak with tomato sauce, baked chicken, sweet Italian sausage

Tuesday -- Onion-lemon fish, pork schnitzel, yak-isoba

Wednesday -- Barbecue ribs, fried chicken, fried catfish

Thursday -- Mexican-baked chicken, enchilada, taco

(Information courtesy of the 20th Services Squadron.)

At the movies

Movie schedule and start time are subject to change. To hear recorded movie information, call 895-2199.

* Admission: Friday night -- \$1; Saturday -- \$3 for adults, \$1.50 for children under 12; Sunday -- \$1.50.

Friday

7 p.m., Dickie Roberts: Former Child Star, PG-13 (crude and sex-related humor, language and drug references) -- Dickie Roberts is a 35-year-old former child star. Now an out-of-work actor turned parking valet, Dickie is desperate to audition for a great role that could revitalize his career, but the part requires him to play a "normal" guy. Problem is, Dickie is anything but normal. He decides to hire a family to adopt him so he can relive his childhood and, in essence, grow up from scratch.

1 hr. 39 mins.

Saturday

7 p.m., Cabin Fever, R (strong violence and gore, sexuality, language and brief drug use) -- College is finally over, and five friends escape to a remote log cabin in the woods before entering the working world. Shots are fired and a lunatic flees into the woods, but it's too late for the five friends: contact was already made. Soon, one member of the circle gets ill. The group's compassion quickly turns to repulsion and terror as their friend deteriorates before their eyes. To protect themselves from further infection, they lock her in a shed. Fear of contagion sets in, and the companions turn on one another, realizing any one of them could have it.

1 hrs. 34 mins.

Sunday

3 p.m., My Boss's Daughter, PG-13 (crude and sex-related humor, drug content and language) -- When his mean boss asks him to housesit, a young man tries to use it as an opportunity to win the heart of his boss's daughter, on whom he has long had a crush. What he doesn't plan on is the long line of other houseguests who come along in the meantime.

1 hr. 41 mins.



Photo by Staff Sgt. Alicia Prakash

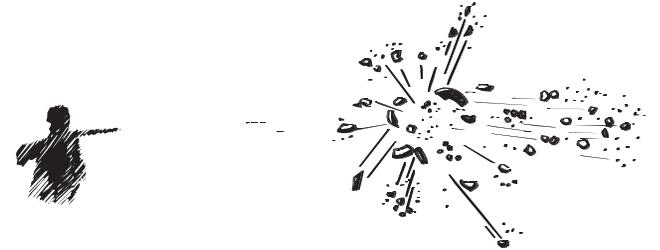
Measuring up

Brian Kirby (right), Health and Wellness Center fitness program manager, demonstrates the new taping method on Senior Airman Oscar Medina (left), 28th Operational Weather Squadron, Wednesday. Kirby said the tape is placed right above the hip bone for accurate measurement.

Intramural Trap League Standings

<i>American league</i>			<i>National league</i>		
<u>Team</u>	<u>Won</u>	<u>Lost</u>	<u>Team</u>	<u>Won</u>	<u>Lost</u>
79 AMU	4	1	20 CMS #2	5	0
RETIREEES	4	1	20 OSS	4	1
20 CS	3	2	20 CONS	1	4
20 CES	2	3	20 SFS	0	5
9AF #1	1	4	9AF #2	0	0
20 CMS	1	4			

Note: Standings as of Tuesday



SPORTS SHORTS

Sensible Weigh class

The Health and Wellness Center offers a four-session Sensible Weigh class Tuesdays at 9 a.m. With the assistance of a fitness program manager, military members, Department of Defense employees, and their families receive guidance on nutri-

tion, behavior modification, fitness and exercise. For more information, call **895-1216**.

Teen bowling

Air Combat Command is hosting the Postal Bowl by Mail Tournament Nov. 8th from 10 p.m. to midnight at the Bowling Center. It is open to teens aged 13-18. For more information, call **895-2252**.

Custom mouthpieces

Custom-fit mouthpieces are available in multiple colors for active-duty personnel at the Dental Clinic. After the tooth mold is made, the mouthpiece may be picked up within a day.

Protective mouthpieces are mandatory for intramural league sports. For an appointment, call **895-6108**.