



## Newslines

### Phase II

Mandatory ground rules briefings for Phase II players will be conducted at the base theater today at 8 and 11 a.m.

#### Medical Care

On Tuesday and Wednesday, the 20th Medical Group will offer extended hours in support of the exercise. Regular clinic hours will be extended, with appointments being offered until 6 p.m. on those days. Appointments may be scheduled in advance by calling **895-CARE**. Flying personnel may obtain care by dialing **895-6745** or through the Flight Medicine Clinic's Active-Duty Sick Call at 7:30 a.m. and 1 p.m. Other clinic services, such as pharmacy, radiology and laboratory, will be available until 7 p.m. on these dates. The Base Exchange Pharmacy will be open from 10 - 5 p.m.

#### Child Care

Monday - Thursday, the Youth Center will be open from 6:30 a.m. to 7 p.m., and the Child Development Center will be open from 6 a.m. to 7 p.m. Family daycare providers are available; call **895-1212** from 7:30 a.m. to 4:30 p.m. to schedule weekend or nighttime child care.

#### Fitness Center

During the exercise, the Fitness Center will be open from 7 a.m. to 6 p.m.

#### Food Services

Field dining tent: (located north of Hangar 1614, on the flightline side)

Lunch: \$3.25, hot meal 11 a.m. - 1 p.m.

Dinner: \$ 3.25, hot meal 4:30 - 6 p.m.

Meals Ready to Eat are available for \$3.25 at the transition area from 8 p.m. to 8 a.m. and the mobile kitchen from 8 a.m. to 8 p.m. The dining facility will be open during normal hours.

### Blood drive

The 609th Air Intelligence Squadron will host a blood drive Monday from 10 a.m. to 4 p.m. Anyone wishing to donate should contact 2nd Lt. Brandie Lachance at **895-4033** to schedule an appointment.

### Promotion ceremony

The next 20th Fighter Wing promotion ceremony will be Oct. 31 at 3 p.m. at Club Shaw.



Photo by Airman 1st Class Susan Penning

## Sparks will fly

Airman Jeffrey Targ, Jr., 20th Equipment Maintenance Squadron aircraft structural maintenance flight, uses a high-speed grinder to manufacture a replacement rib for the casing on an A-10 engine. See related story on Page 15.

# Fitness standards released

WASHINGTON -- Air Force leaders released the fitness-scoring charts to be used beginning Jan. 1.

"The amount of energy we devote to our fitness programs is not consistent with the growing demands of our warrior culture. It's time to change that," said Air Force Chief of Staff Gen. John P. Jumper in a recent Sight Picture, explaining the rationale behind the change.

Officials said the fitness score will include four components: crunches, push-ups, an abdominal circumference measurement and the 1.5-mile timed run. People who are not medically cleared to run will continue to take the bike test. The component scores are then added to get a composite fitness score and determine if the person falls into the excellent, good, marginal or poor category. The charts are available online at [www.af.mil/news/USAF\\_Fitness\\_Charts.pdf](http://www.af.mil/news/USAF_Fitness_Charts.pdf).

Fitness categories will determine how often a person must retest. For instance, a composite score of 70 to 74.9 places the person in the marginally fit category. This designation requires retesting at six-month inter-

vals. A score of less than 70 places a person in the poorly fit category. That score requires a retest every three months. People at the marginal and poor levels also will participate in educational programs.

Air Force leaders encourage commanders to recognize people who attain an excellent fitness level or make substantial improvement.

"The focus of the new fitness program is not the assessment. The program is about integrating fitness into our culture, and our members adopting fitness as a way of life," said Maj. Lisa Schmidt, the Air Force Surgeon General chief of health promotion operations.

Officials are finalizing the instruction related to the program and plan to publish it by January. It will address unit physical training, testing procedures and programs to facilitate improvement, they said.

The Air Force has established an e-mail account for comments at [fitness.program@pentagon.af.mil](mailto:fitness.program@pentagon.af.mil). Officials emphasized the Air Force fitness program will be reviewed annually for continuous improvement. (Information courtesy of Air Force Print News.)

**Inside:** Page 3: **Pumpkin Patrol:** safety tips for trick-or-treating.  
Page 14: **Phase II:** a map of the playing and parking areas.

# Pumpkin Patrol encourages safe spooking

It is that time of year again. It's time to enjoy the Halloween festivities and ensure children have a safe, fun and enjoyable trick-or-treating evening.

For any problems which may arise Halloween night, the 20th Security Forces Squadron will provide a Pumpkin Patrol. The patrol will be manned by 20th SFS members and volunteers in all housing areas on base to assist with security issues. If unable to locate a 20th SFS representative, contact the 20th Security Forces Desk at extension 895-3669 or 895-3670. Following is a list of safety tips for parents and children.

## BEFORE HALLOWEEN

Parents should plan costumes that are bright and reflective. When shopping for costumes, wigs and accessories, purchase only those with a label indicating they are flame resistant. Make sure shoes fit well and costumes are short enough to prevent tripping, entanglement or contact with flame. Consider adding reflective tape or striping to costumes and trick-or-treat bags for greater visibility.

Secure emergency identification (name, address, phone number) discreetly within Halloween attire or on a bracelet. When wearing a mask, vision can be blocked or limited. Consider non-toxic and hypoallergenic makeup or a decorative hat as a safe alternative to a mask.

Think twice before using simulated knives, guns or swords. If such props must be used, be certain they do not appear authentic and are soft and flexible



to prevent injuries. Parents should discuss appropriate and inappropriate behavior with their children.

Prior to Halloween, make an extra effort to eliminate tripping hazards on your porch and walkway. Check around your property for flower pots, low tree limbs, support wires or garden hoses that may prove hazardous to young children rushing from house to house.

## BEFORE NIGHTFALL ON HALLOWEEN

Remember to consider fire safety when decorating. Do not overload electrical outlets with holiday lights or special effects, and do not block exit doors.

Halloween can be a very exciting time to design and decorate the jack-o'-lantern,

but leave the carving to adults. Always keep jack-o'-lanterns and electric lamps far away from drapes, decorations, flammable materials or areas where children and pets will be standing or walking.

Parents should remember to plan and review with children the route and behavior which is acceptable. Prior to children departing to go trick-or-treating, agree on a specific time when they must return home.

## TRICK-OR-TREATING

A good meal prior to parties and trick-or-treating can discourage youngsters from filling up on Halloween treats. Parents or a

responsible adult should always accompany young children on their neighborhood rounds. Remember to take a flashlight in order to see and be seen by others.

Do not permit children to bicycle, roller blade or skateboard while trick-or-treating. Stay in a group, walk slowly and communicate where you are going.

Only trick-or-treat in well-lit areas and at homes with a porch light on. Always remain on well-lit streets, and always use the sidewalk. If no sidewalk is available, walk at the farthest edge of the roadway facing traffic. Never enter a stranger's home or car for a treat. Obey all traffic laws. Don't assume you have the right of way.

Motorists may have trouble seeing trick-or-treaters. Just because one car stops, doesn't mean others will. The 20th SFS should be notified immediately of any suspicious or unlawful activity.

## AFTER TRICK-OR-TREATING

Parents should wait until children are home to sort and check treats. Though tampering is rare, a responsible adult should closely examine all treats and throw away spoiled, unwrapped or suspicious items.

Although sharing is encouraged, make sure items that can cause choking (such as hard candies) are given only to those of an appropriate age.

(Information courtesy of the 20th SFS.)

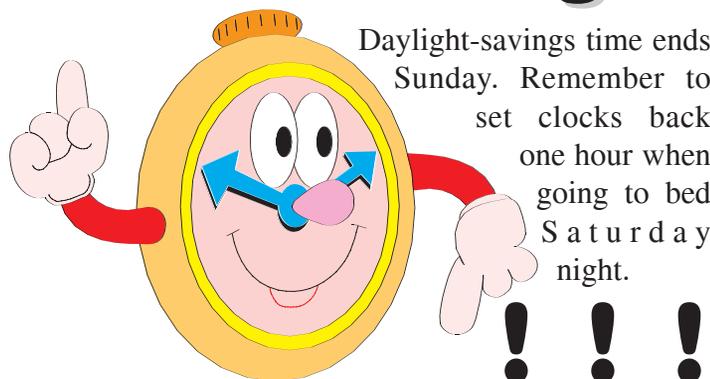


## Main Gate construction

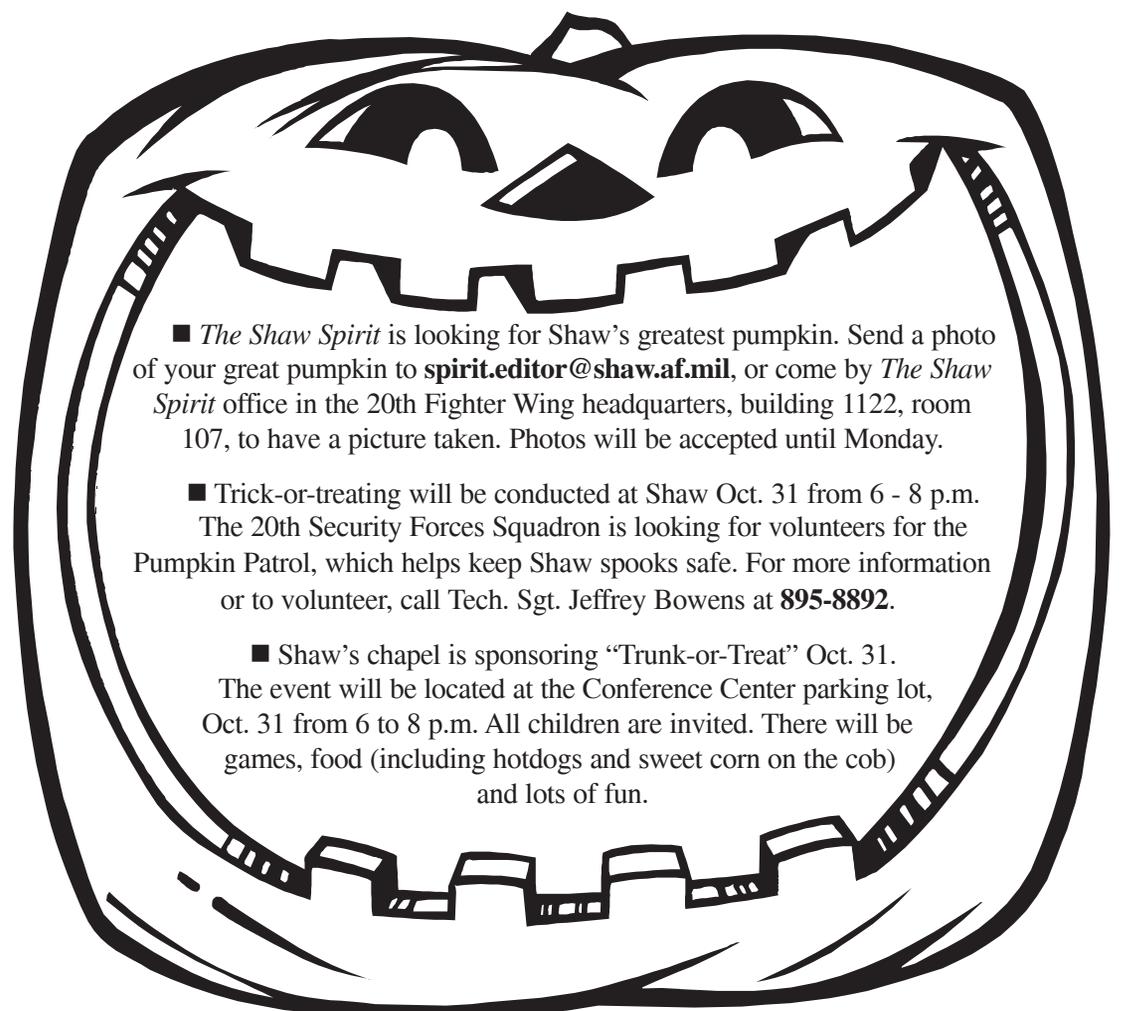
Construction continues on Shaw's Main Gate for security enhancement. All traffic lanes of the Main Gate are now open. The Visitors Center is operating at the Hospital Gate.

Visitors Center projects include: expanding the parking lot, adding an additional access road, sabre teeth and speed bumps. The work will be performed in conjunction with the Main Gate bollard/sabre teeth projects.

## Time change



Daylight-savings time ends Sunday. Remember to set clocks back one hour when going to bed Saturday night.



■ *The Shaw Spirit* is looking for Shaw's greatest pumpkin. Send a photo of your great pumpkin to [spirit.editor@shaw.af.mil](mailto:spirit.editor@shaw.af.mil), or come by *The Shaw Spirit* office in the 20th Fighter Wing headquarters, building 1122, room 107, to have a picture taken. Photos will be accepted until Monday.

■ Trick-or-treating will be conducted at Shaw Oct. 31 from 6 - 8 p.m. The 20th Security Forces Squadron is looking for volunteers for the Pumpkin Patrol, which helps keep Shaw spooks safe. For more information or to volunteer, call Tech. Sgt. Jeffrey Bowens at 895-8892.

■ Shaw's chapel is sponsoring "Trunk-or-Treat" Oct. 31. The event will be located at the Conference Center parking lot, Oct. 31 from 6 to 8 p.m. All children are invited. There will be games, food (including hotdogs and sweet corn on the cob) and lots of fun.

# Vaccination best defense against influenza

By 1st Lt. Cynthia Daniels  
20th Aeromedical-Dental Squadron

Influenza is very contagious and physically debilitating, according to members of the 20th Medical Group. An outbreak can significantly impact mission readiness. Consequently, it is mandatory military members be vaccinated annually. The flu vaccine is a 'killed' vaccine, meaning that getting the flu shot cannot give anyone the flu. Rather, the vaccine prevents up to 90% of healthy young adults from getting it.

In an effort to balance military readiness with protecting people medically at high risk, the vaccine will be given as directed by the Air Force Surgeon General using the following prioritizations:

- Forces deploying outside of the continental United States
- Health-care workers (including civilians and volunteers)
- Defense Eligibility Enrollment Reporting

System enrollees (active duty and civilian) who are medically high risk

- Trainee populations
- Military members in line for deployment

Other active-duty members (including National Guard and Reserve members on active status).

The volume of each shipment of vaccine will determine which prioritization group(s) can receive the vaccine and when.

Medically high-risk people will contact their primary care provider and receive the vaccine by prescription. Also, these individuals should talk to their provider about the pneumococcal vaccine, since influenza infections can develop into pneumococcal pneumonia.

Those who are high risk and don't feel comfort-

able waiting for the vaccine can also take advantage of vaccine available in the local community through vaccination clinics and doctors' offices.

In addition to being vaccinated, each person can significantly reduce their own risk of cold or flu by washing their hands frequently and before eating or touching their eyes, nose or mouth. Those who are ill can also do their part in reducing the risk of transmission of illness, by catching their coughs and sneezes in a handkerchief and by washing their hands frequently as well.

As soon as sufficient units of vaccine are received, the 20th MDG will notify all units and the Shaw community of the base vaccination schedule. For

more information, call Public Health at 895-6193 or Immunizations at 895-6492.



## 20th Security Forces Squadron Blotter

*(Editor's Note: The blotter includes recent incidents from the 20th Security Forces Squadron reports. The following information is intended to increase resource protection, awareness and safety concerns.)*

■ An airman and his spouse were involved in a verbal altercation in their military family housing unit.

■ A vehicle backed into another vehicle on Boxwood Circle.

■ Two vehicles collided on



Shaw Drive.

■ An airman reported two government computer printers stolen from the 79th Aircraft Maintenance Unit.

■ Three vehicles were involved in an accident on Polifka Drive.

In case of emergency, call 911. Direct routine questions and non-emergency concerns to the 20th Security Forces Squadron at 895-3670. If you have information about any crime, listed here or otherwise, call the 20th Security Forces Squadron Investigations section at 895-3600.



## Traffic Tips

Keep tires at the recommended inflation pressure. This can be found in the owner's manual or on the label either in the glove box or near the door latch on the driver's side. The maximum inflation pressure is shown on the side of the tire. With the recommended air pressure, tires will last longer, be less likely to fail, and the car will use less fuel. Serious injury may result from tire failure because of under inflation or overloading.



## OPSEC reminder

Observable and detectable items that can be pieced together to reveal sensitive information about an operation are called Critical Information Items.

## Trivia contest

**Question:** What is the maximum range of an M-16?

**Last week's question:** A SCUD missile attack is to be assumed if condition "Alarm Red UNKNOWN Attack" is sounded.

**Last week's winner:** Airman 1st Class Bryan Gulley, 20th Civil Engineer Squadron

The first person to e-mail *The Shaw Spirit* at [spirit.editor@shaw.af.mil](mailto:spirit.editor@shaw.af.mil) with the correct answer will get their name in next week's paper.

## SHAW AFB DUI/DWI STATISTICS

LAST YEAR	THIS YEAR
33	21

20 EMS

WAS THE LAST UNIT TO RECEIVE A DUI/DWI

IT HAS BEEN

11



DAYS SINCE THE LAST INCIDENT

**AADD 983-9722**

(As of Thursday)



## New ribbon for deployers

**AIR FORCE PERSONNEL CENTER** -- Secretary of the Air Force Dr. James Roche approved award of the Air Force Expeditionary Service Ribbon to recognize service members' support of air expeditionary force deployments.

The AFESR will be awarded to Air Force active-duty, Reserve and Guard people who completed a contingency deployment after Oct. 1, 1999.

To qualify for the award, individuals must have deployed for 45 consecutive days or be in a deployed status for 90 non-consecutive days.

"Any contingency deployment qualifies, regardless of the duty, destination or location -- including those within the continental United States," said Tech. Sgt. Jeffrey Simmons, superintendent of the awards and decorations section here.

Also, there is no time limit to accumulate the 90 non-consecutive days.

According to Simmons, to receive the award, the individual should report to the military personnel flight upon return from deployment to validate entitlement to the ribbon and present a copy of deploy-

ment orders and completed travel voucher.

"If the special order doesn't identify the TDY as a contingency deployment, the current squadron commander may validate AFESR entitlement by evaluating the request and verifying supporting documentation," said Simmons.

For more information, contact the 20th Mission Support Squadron awards and decorations section at **895-1582**. *(Brief courtesy of Air Force Personnel Center News Service.)*

## AF Honor Guard recruits airmen

**BOLLING AIR FORCE BASE, D.C.** -- Air Force Honor Guard officials are looking for motivated and dedicated airmen and noncommissioned officers for what they call the world's best job.

Located here, the 250-person unit seeks airmen E-4 through E-7 for their experience, said Chief Master Sgt. Michael Buckley, Air Force Honor Guard's chief enlisted manager.

The Honor Guard represents every man and woman in the Air Force in ceremonial functions, including arrival and departure ceremonies for visiting dignitaries here, the Pentagon, the White House and nearby Andrews Air Force Base, Md. Honor Guard members also participate in wreath-laying ceremonies at the Tomb of the Unknowns in Arlington National Cemetery and at change-of-command and retirement ceremonies.

For more information, call **(202) 404-6265** or DSN **754-6265** or visit the Honor Guard Web site at [www.bolling.af.mil/orgs/OG/HG/index\\_HG.htm](http://www.bolling.af.mil/orgs/OG/HG/index_HG.htm). *(Brief courtesy of Air Force Print News.)*

## AF announces TSP open season

**AIR FORCE PERSONNEL CENTER** -- Civilian and military employees can sign up for, or change, their Thrift Savings Plan contribution amounts during the "open season" Oct. 15 – Dec. 31.

This open season applies only to regular TSP contributions, said Janet Thomas of AFPC's civilian benefits and entitlements service team.

The five TSP funds are: the Government Securities Investment (G) Fund; the Common Stock Index Investment (C) Fund; the Fixed Income Index Investment (F) Fund; the Small Capitalization Stock Index Investment (S) Fund; and the International Stock Index Investment (I) Fund.

Elections/changes made between Oct. 15 and Dec. 13 will take effect Dec. 14, for both military and civilian personnel. Changes made after Dec. 14 will become effective at the beginning of the pay period following the pay period in which the election is made for civilians and the following month for military.

Contribution allocations can be made by calling the TSP ThriftLine at **(504) 255-8777** or visiting <http://www.tsp.gov/>. *(Brief courtesy of AFPCNS.)*

# Plans in place to fill first sergeant slots

By Staff Sgt. C. Todd Lopez  
*Air Force Print News*

WASHINGTON --Before the end of the year, Air Force officials will have taken the first step toward eliminating a 10%-manning shortfall in first sergeant billets.

In November, as part of the new first sergeant selection process, officials expect to release a list of master sergeants selected as candidates for first sergeant special duty, said Senior Master Sgt. Chris Anthony. He is the first sergeant special-duty manager at the Pentagon.

Those selected under the new process will account for nearly 33% of graduates from the First Sergeant Academy at Maxwell Air Force Base, Ala., Anthony said. They will begin school in May.

"That one-third is not an arbitrary number," Anthony said. "It is based on volunteer rates. Over the past year or so, volunteers only filled about two-thirds of our requirements."

The Air Force requirement for new first sergeants is reflected in the number of slots allocated in the First Sergeant Academy each year -- a little more than 300. Declining numbers of first sergeant volunteers left more than 100 empty desks at the school last year.

Empty desks translate to empty first sergeant bil-

lets around the force. About 130, or 10%, of the nearly 1,300 units needing first sergeants are currently doing without. That is an unacceptable statistic, said the Air Force's highest-ranking enlisted member.

"First sergeant manning and decreasing class enrollments at the First Sergeant Academy have become a concern," said Chief Master Sgt. of the Air Force Gerald Murray. "Since the beginning of 2000, first sergeant manning has steadily decreased from 96 to 89%, while the rank structure has become significantly imbalanced. I believe anything less than 100-percent manning is unacceptable to properly lead and care for our enlisted force."

The prevalence of those empty enlisted leadership positions is one reason the Air Force moved toward selecting some first sergeants, Anthony said.

"First sergeant is a special duty," Anthony said. "But, it is also a leadership position. We don't have vacant squadron commander positions in the Air Force. If somebody doesn't volunteer to go be a commander then the Air Force selects somebody. We do the same thing with command chiefs. Now, we will do it with first sergeants."

One reason for the declining number of volunteers for first sergeant duty is a fear it will affect a person's promotion ability. Anthony said that fear is unfounded.

"There is a perception of reduced promotions,"

Anthony said. "But we promote at the same level as other Air Force (specialties). The reality is you have the same opportunity to get promoted as a first sergeant as you do anywhere else."

The difference, Anthony said, is in the quality of people a person must compete with for that promotion.

"The competition is a little different," Anthony said. "As a first sergeant, you are in a special duty where you are competing against other first sergeants, all with stellar records. We don't bring in anything less than outstanding noncommissioned officers in this job. That tends to make the competition a little tougher."

Simply having completed a tour as a first sergeant increases your chances of promotion when returning to your primary career field, he said.

"For those (who) depart first sergeant duty after three years, it's a big career enhancer," Anthony said. "Our numbers show 87% of master sergeants who return to their primary (specialty) after having performed first sergeant duty get promoted to senior master sergeant the first time testing. Promotion boards look favorably on first sergeant experience."

The list released in November will contain about 400 names. Of those, about 120 will become first sergeants. Continuing at that rate, Anthony said, the Air Force can expect to be 100-percent manned for first sergeants by about 2006.

# Shaw, community thank JWOD at picnic

By Airman 1st Class Susan Penning  
Staff writer

Team Shaw and the community showed their appreciation Oct. 17 for the hard work many contract employees do to keep Shaw in top shape. The 4th Annual Javits-Wagner-O'Day appreciation picnic, held at Memorial Park, recognized base employees who are blind or have severe disabilities.

Rick Beaman III, Air Force Labor Advisors chief, was guest speaker at the event. During his speech, Beaman focused on the role JWOD workers play at Shaw.

"You all provide an important quality service for the Air Force," he said. "You are part of the Air Force team, and the Air Force really believes in and recognizes your support."

Local distinguished guests at the picnic included the Honorable Joseph McElveen, mayor of the city of Sumter, Stephen Creech, chairman of the Sumter Military Affairs Committee and Grier Blackwelder,



Second Lt. David Mitchell (left), 20th Contracting Squadron, hands a t-shirt to a JWOD worker.

Sumter Chamber of Commerce president.

In addition to distinguished guests, representatives from the organizations that employ JWOD workers at Shaw, as well as NISH, a company that creates employment opportunities for people with severe disabilities, attended the picnic to present annual awards and express their appreciation.

The Genesis Center, which provides custodial and postal services for the base, presented the Most-Improved Crew Member Award to Pamela Holloway. Herbert Gallishaw was named Most-Improved Crew Leader. The center also recognized Alfred Layne, Lisa Lowder, Tyrome Caldwell and Michael Brauch for outstanding performance on the job.

The Sumter County Disabilities and Special Needs Board thanked the ground maintenance crews for the hard work they did this year. Cheryl Wells and Bill Dias were named employees of the year. The board also thanked several Shaw organizations for their cooperation, support and commitment to teamwork.

Goodwill Industries, the organization that employs base switchboard and commissary shelf-stocking members, presented Mary McKnight an award for 11 years of continuous service. Danny Outen and Wanda Jefferson received awards for more than 10 years of continuous service.

Lions Club Industries, which provides job opportunities for the blind at the base service store, recognized Tarsha Johnson for seven years of



Photos by Airman 1st Class Susan Penning

**Hamburgers, hotdogs, fruit and cookies were among the foods served to JWOD employees, Shaw and community members.**

continuous loyal service.

On behalf of NISH, Beaman presented an appreciation award to Shaw for its outstanding support of the JWOD program. Col. Sam Angelella, 20th Fighter Wing commander, accepted the award, but said JWOD workers were the ones to thank.

"This award is for you," he said. "Shaw is a beautiful place to live, work and play, and it is because of the work you do."

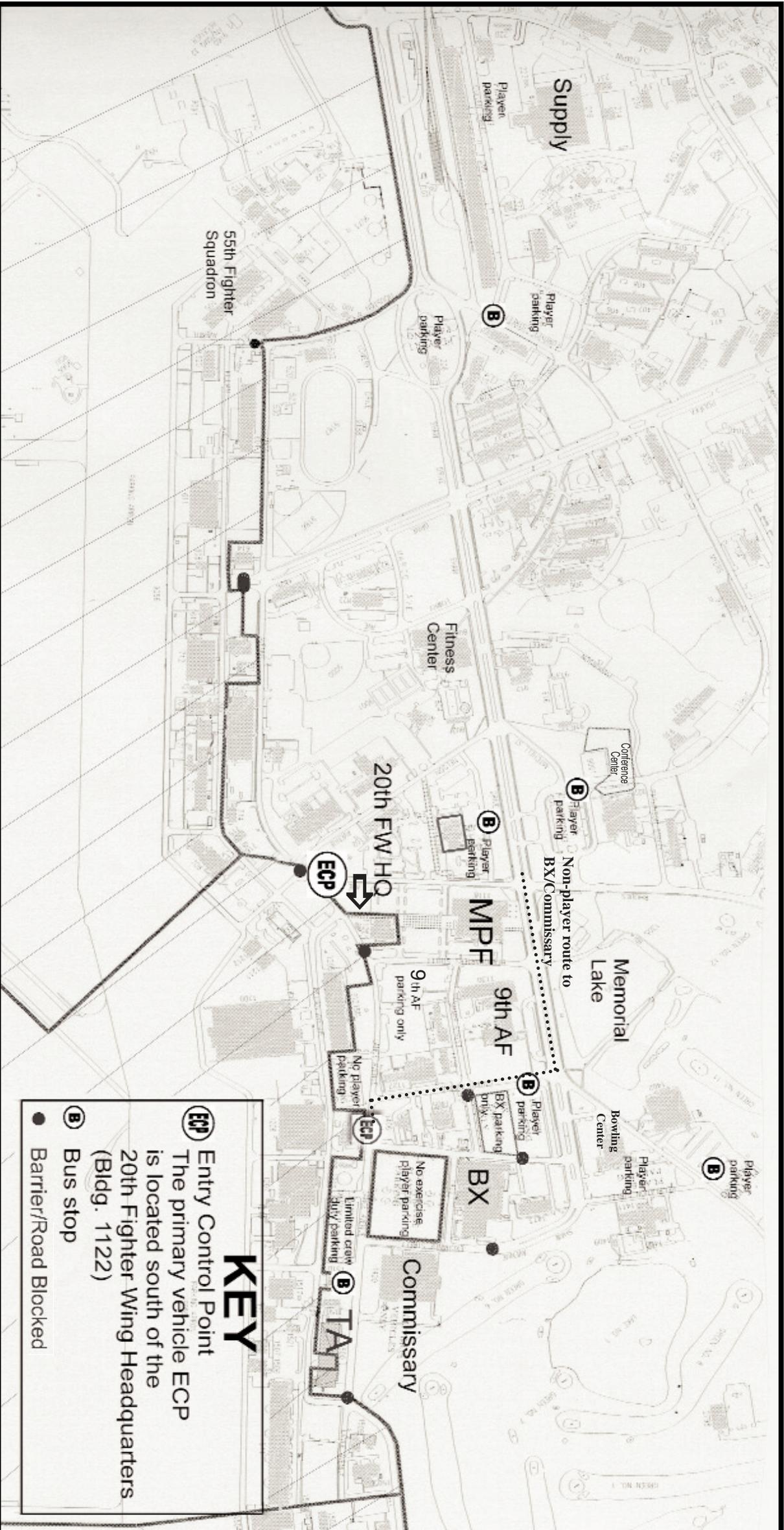
The JWOD program is keeping more than Shaw beautiful, however. Through the help of participating non-profit agencies, the program provides employment for more than 36,000 people nationwide.

In 1938, President Franklin D. Roosevelt passed the Wagner-O'Day

Act, which created job opportunities for the blind to manufacture and sell mops and brooms to the federal government. In 1971, under the leadership of Senator Jacob Javits, Congress amended the Act to include people with severe disabilities and allow the program to provide other services to the government as well. Today, this program gives those who are blind or have other severe disabilities jobs, more independence and provides quality products and services to federal customers.

Lt. Col. James Johnson, 20th Mission Support Group deputy commander, summed up Shaw's feelings toward JWOD employees.

"Your level of excellence and dedication is second to none."



**Alarm Green**

Attack is not probable

- MOPP 0 or as directed
- Normal wartime conditions
- Resume operations
- Continue recovery actions
- Wear field gear and personnel body armor (if issued) when outdoors or directed
- May be applied to the entire installation or assigned to one or more defense sectors or zones

**Alarm Yellow**

Attack is probable (30 minutes)

- Assume directed MOPP level
- Don helmet and flak vest
- Continue mission-critical operations only
- Seek overhead cover

**Alarm Red**

Attack by air or missile is imminent or in progress

- Take overhead cover where available

- Assume directed MOPP level

- Don helmet and flak vest

● **Alarm Red SCUD**

- Assume MOPP 4

- Find overhead cover

- Cover critical items/close windows, canopies, doors

- Rolling up windows and staying in vehicles will provide more protection than staying outside without overhead cover

● **Alarm Red Aircraft**

- Don MOPP 4

- Find cover from bombs and shrapnel. Personnel should take immediate cover in shelters as they provide the most protection

- Taking cover in a low-lying ditch or foxhole would be better than a vehicle

● **Ground Attack (Bugle Call)**

- If in affected area

- Clear streets and maintain vigilance

- Perform selective arming duties as directed by Survival Recovery Center

**Alarm Black**

Attack is over and NBC contamination or UXO hazards are suspect/present

- Assume directed MOPP level

- Don helmet and flak vest

- Stay sheltered

- Mission-critical operations only

- No movement by anyone unless specifically authorized

● **Black initial release**

- Initiate inside status checks for building damage and integrity/command and control

- Mission-critical movement must be requested through Unit Control Center to SRC

- Post-Attack Reconnaissance teams are the only authorized movements

● **Black general release**

- No movement allowed except facility sweeps or as directed by SRC

- All personnel will be released as directed by SRC once sweeps are complete (based upon sector/zone status) (Information courtesy of 20th Fighter Wing Inspections.)