

What's happening ...

Chapel



Contact the chapel at **895-1106**. To speak to the duty chaplain after hours, call **895-5850**.

Worship schedule

Protestant services:

8 a.m., Sunday gospel service, Friendship Chapel

9:45 a.m., Sunday School, Shaw Heights Elementary School

10 a.m., Sunday liturgical service, Palmetto Chapel (weekly communion)

11 a.m., Sunday shared-faith Protestant service, Palmetto Chapel

4 p.m., Sunday youth group, chapel annex

7 p.m., Sunday, Young Adult Worship, Palmetto Chapel

Catholic services:

4:15 - 4:45 p.m., Saturday confession, Palmetto Chapel

5 p.m., Saturday Mass, Palmetto Chapel

9 a.m., Sunday Mass, Palmetto Chapel

11 a.m., Sunday School, Shaw Heights Elementary School

Other faith groups may contact the chapel for information on worship times and locations.

FSC



Sponsorship training

Sponsorship training is set for Tuesday from 10 to 11 a.m. at the Family Support Center. Training is mandatory for first-time sponsors and those who haven't sponsored for the past year. For more information, call **895-1252**.

Couples workshop

A couples communication workshop is scheduled for Thursday from 1 to 3 p.m. at the FSC. It is designed to increase positive communication between partners. For more information or to register, call **895-1252**.

Nominations for volunteers

Military and civilian Volunteer of the Month submissions for the month of February and for the first quarter are due today at the FSC. Nominations should be placed on an Air Force Form 1206, *Nomination for Award*. For more information, call **895-1252**.

Volunteer registration

All Shaw volunteers on base should register at the FSC in Building 1127. For more information, call **895-1252**.

CSB-Redux briefing

A one-on-one Career Status Bonus-Redux briefing is available for E-5s and above who qualify. Individuals should bring DD Form 2839, *Career Status Bonus Election*, to the appointment. For more information, call **895-1252**.

Give Parents a Break

Give Parents a Break is set for March 12 from 6:30 to 10:30 p.m. at the Child Development Center (infant - 5 years old) and the Youth Center (6 - 12 years old). You must meet certain criteria to be eligible. To sign up, get a referral certificate from one of the following agencies: FSC, Family Advocacy, Medical Group, the chapel or squadron. Parents must bring in the child's most current shot records and a referral certificate to the CDC/Youth Center. Subsequent sign-ups can be called in. First-come, first-serve basis only.

For more information, call the CDC at **895-2247**, Youth Center at **895-2251** or the FSC at **895-1252**.

Job Expo

A job expo is set for April 7 from 10 a.m. to 6 p.m. at the Sumter County Exhibition Center. Interested individuals should bring resumes and dress in business attire. For more information or to register, call **895-1252**.

Information



Parent Involvement Committee meeting

A Parent Involvement Committee meeting is set for Wednesday at noon at the CDC. A light lunch will be provided. For more information, call **895-2247**.

SST class

A Supervisor Safety Training class is set for Wednesday from 8 to 10 a.m. The class provides supervisory personnel with a working knowledge to provide and maintain safe and healthy working conditions. New supervisors, officers, enlisted members and civilians are required to attend at least once in their career. For more information, call the 20th Fighter Wing Safety Office at **895-1982**.

Youth Center volunteers

The Youth Center is seeking volunteers for their St. Patrick's Day costume contest. For more information, call **895-2252**.

AEF 3 party

An AEF 3 party is set for March 12 from 3 to 7 p.m. at Club Shaw. There will be food, prizes and live entertainment. The winner of a 5-day Caribbean Cruise, will be announced. For more information, call **895-4897**.

Chili cook-off

The Community Center is scheduled to have a chili cook-off March 13 at noon. The cost of entry is \$5 per entry. All ages are welcome. For more information, call **895-3382**.

Dance party at Club Shaw

Club Shaw is scheduled to have a free dance party March 13 from 10 p.m. to 2 a.m. with DJ Kilroy. Music styles include house trance and drum and bass. For more information, call **666-3651**.

Anger management workshop

An anger management workshop is scheduled for March 22 from 4:30 to 5:30 p.m. in the Pediatric Clinic/ New Parent Support Building for 8 to 12-year-olds. It is sponsored by Choice Behavioral Health Partnership and the Family Advocacy Program. For more information or to register, call **895-6091**.

Lunch menu entrees for CMSgt. Emerson E. Williams Dining Facility

Today -- Mexican-baked chicken, Swiss steak with tomato sauce, stuffed green peppers

Saturday -- Cajun meatloaf, baked chicken, ribeye steak

Sunday -- Sauerbraten, tuna and noodles, chicken breast parmesan

Monday -- Swiss steak with tomato sauce, baked chicken, sweet-Italian sausage

Tuesday -- Onion-lemon fish, pork schnitzel, yak-isoba

Wednesday -- Lasagna, Italian-style veal steak, Italian sausage

Thursday -- Tempura-fried fish, liver with onions, orange-spiced chops

(Information courtesy of the 20th Services Squadron.)

At the movies



Movie schedule and start time are subject to change. To hear recorded movie information, call **895-2199**.

* Admission: Friday night -- \$1; Saturday -- \$3 for adults, \$1.50 for children under 12; Sunday -- \$1.50.

Friday

7 p.m., Butterfly Effect, R (violence, sexual content, language and drug use) -- A young man struggling with the psychological effects of sublimated childhood memories devises a technique of traveling back in time. He finds every trip leads him to travel back to repair the damage.
1 hr. 53 mins.

Saturday

7 p.m., Cold Mountain, R (violence and sexuality) -- The film is based on Charles Frazier's best-selling Civil War novel about a wounded confederate soldier. He is on a perilous journey home to his mountain community, hoping to reunite with his pre-war sweetheart, Ada. In his absence, Ada struggles to survive, and to revive her father's farm with the help of intrepid young drifter.
2 hr. 35 mins.

Sunday

3 p.m., My Baby's Daddy, PG-13 (sexual content, language and some drug references) -- This comedy tells the story of three young men forced to take responsibility for their children when their girlfriends all get pregnant at about the same time.
1 hr. 30 mins.

Teacher scores high in bowling league

By Staff Sgt. Alicia Prakash
Staff writer

What a way to kick off Women's History Month!

"I feel like women can bowl as well as men," said Marina Akers-Epps. She is a member of Shaw's Commissary Bowling League and won Shaw's Annual Women's Bowling Association Tournament for individual, doubles and team bowling.

The tournament was held Feb. 21 and 22 at Shaw Lanes.

"There were some stupendous scores rolled by Marina," said Dee Fernandez, Shaw's Women's Bowling Association treasurer.

Akers-Epps was the high scorer in singles with 691, doubles with 780 and team bowling with 751. According to Frieda Little, Shaw Lanes former manager and participant in the tournament, these are the highest combined scores for anyone at Shaw since 1961.

Akers-Epps is the recipient of prizes to include the Women's International Bowling Congress Association Championship Tournament Award patches for singles, doubles, team and all events; WIBC 125 Pins Over Average award; WIBC 700 Series award and pin; WIBC 100 Pins Over Average award and WIBC 275-297 Game award.

"I have been bowling for 32 years," said Akers-Epps.

She said her father, retired Air Force Master Sgt. Lloyd Akers, taught her everything about bowling.

"I grew up bowling at Shaw," said Akers-Epps.



Photo by Staff Sgt. Alicia Prakash

Akers-Epps bowls on Shaw's Commissary Bowling League and coaches youth bowling.

In addition to bowling in the commissary league, she also helps out with Shaw's Young American Bowling Alliance.

Akers-Epps is a school teacher for District 2 schools and officiates basketball for middle and high schools in the local community.

Akers-Epps travels to a South Carolina State University in Orangeburg, S.C., on a weekly basis as the bowling coach there.

After accomplishing such high scores, she still wants the ultimate perfect score of 300.

"279 was the closest I ever got to 300," Akers-Epps said.

She said she was not nervous until the 11th frame of the doubles competition.

Her mother, Mary Akers, was a spectator during the two-day tournament.

"I was sitting there watching Marina," she said. "There was no way I was going to move."

Akers said true bowlers know not to disturb a bowler in the zone. She said she knew Akers-Epps was a good bowler and capable, but this was the

best she had ever seen her 202-average-bowling daughter bowl.

"I was stunned," said Akers. She said it was really amazing that Akers-Epps was able to do it two days in a row.

"She did it Saturday and came back striking again the next day," said Akers.

Her partner in doubles, Lonnie Albright, was proud of Akers-Epps' exclusive performance.

"She didn't win because of me," said Albright. "I was her handicap."

Albright said her own bowling scores during the tournament were not as high as usual, but Akers-Epps kept encouraging her teammate.

"I want to inspire people, especially young girls, to keep bowling," Akers-Epps said.

She said many young people stop bowling because it may not be offered in high schools. But she encourages them to continue with the sport.

Because of Akers-Epps outstanding bowling efforts, she rolled her team, partner and self to the top.

Spring intramurals are on the way

Racquetball

The Intramural Racquetball League is set to begin Monday. An organizational meeting is scheduled for today at 1:30 p.m. at the Fitness Center.

Volleyball

The Intramural Volleyball League is set to begin April 5. Interested organizations should forward a Letter of Intent to the Fitness Center by March 29.

An organizational meeting for all coaches is sched-

uled for April 1 at 1:30 p.m. at the Fitness Center.

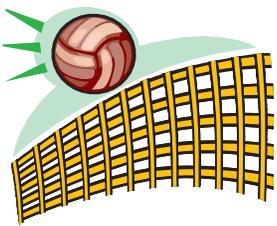
Golf

Shaw's Intramural Golf League is set to begin April 20. Weekly fees are \$10 for members, \$17 for non-members.

Interested organizations should forward a Letter of Intent to the Fitness Center by April 7.

An organizational meeting for all coaches is scheduled for April 8 at 1 p.m. at the Carolina Lakes clubhouse to discuss league format.

For more information, call 895-2789.



SPORTS SHORTS

Coach needed

Shaw's Men's Varsity Softball team is looking for a coach. Interested persons should contact Tech. Sgt. Robert Sedberry at 895-2786 by March 20.

Relay for Life

The annual Relay for Life is scheduled for Saturday from noon to 2 p.m. at the Sumter Mall. This event supports the fight against cancer. For more information, call 499-5799.

American Heart Walk

The annual American Heart Walk is scheduled for March 13 at the Sumter County Chamber of Commerce. The cost is \$10 per walker, \$100 per team of 10 people. Interested Shaw personnel and their family members, call 2nd Lt. Erik Saracino at 895-0103.