

## Tools to Cope with Stress

Being the victim of NCP can be stressful, but there are healthy ways to cope with this stress. Several agencies can help you develop the skills you may need to cope effectively.

Chaplains/Clergy are trained to help you with the problems you are facing, including spiritual counseling. There is an absolute privilege for all information confided in a chaplain or clergy as a formal act of conscience or faith.

Military One Source provides telephonic, online, and face-to-face counseling. More information can be found at: <http://www.militaryonesource.com/MOS/About/CounselingServices.aspx>

Base Mental Health provides licensed psychologists, psychiatrists, and social workers.

National Suicide Prevention Lifeline (NSPL). If you are ever feeling desperate, alone or hopeless you can call the NSPL at 1-800-273-TALK (8255). NSPL is a free, confidential, 24-hour hotline available to anyone in suicidal crisis or emotional distress. More information can be found at: <http://www.suicidepreventionlifeline.org>

## Things to Keep in Mind

- In order to have photos removed you may have to send in proof of your identity.
- Ensure attempts to remove the images do not interfere with any ongoing investigation.
- Even if URLs are deleted from search results, the material could still be on the hosting webpage.

## Need an Attorney

If you are eligible for Air Force legal assistance services, a legal assistance attorney may be able to assist you with getting the images removed from a website. To find the nearest legal assistance office go to <http://legalassistance.law.af.mil/content/locator.php>

You may also be entitled to representation by a Special Victims' Counsel (SVC). To request SVC services, contact your local SAPR office or any SVC office. Please be aware that SVC services are not automatic and eligibility varies on a case-by-case basis.

## Learn More about NCP

Cyber Civil Rights Initiative  
<https://www.cybercivilrights.org/>\*

Without My Consent  
<http://withoutmyconsent.org>\*

\* Does not convey endorsement by the United States Air Force or Department of Defense.

# NONCONSENSUAL PORNOGRAPHY (NCP)



What to do if someone distributes or posts explicit/intimate images of you without your consent.

## What is NCP?

Also known as revenge porn, cyber rape, involuntary porn, and nonconsensual sharing of intimate images. NCP is the distribution of explicit/intimate images of a person without his/her consent.

This includes:

- (1) Images originally obtained without consent by using hidden cameras, hacking phones, or recording sexual assaults AND
- (2) Images consensually obtained within the context of an intimate relationship.

## What is distribution?

Distribution includes the posting of images to social media sites and sharing images directly with another person (e.g. via email).

## What type of harm do victims of NCP suffer?

- Stalking and harassment
- Loss of professional/educational opportunities
- Psychological/emotional distress
- Social Isolation/feeling vulnerable
- Damaged Reputation
- Suicidal thoughts

DISCLAIMER: All information provided in this brochure is for informational purposes only and does not create an attorney-client relationship. Nothing in this brochure shall be construed as legal advice.

## Reporting NCP

Report to your chain of command or file a police report with local law enforcement.

There are costs and benefits to consider when reporting NCP to law enforcement.

- If victims delay removal efforts, law enforcement may be able to preserve the evidence, ultimately authenticating it more effectively at trial or court-martial.
- However, the longer the images are available online, the risk of wider dissemination may increase.

## Preserving Evidence

Victims and witnesses should keep any evidence (such as screen shots, email, text messages) of the activity to submit with any report to law enforcement that may be made. This will facilitate investigative efforts to identify and hold offenders appropriately accountable.

Victim/ witness should not attempt to investigate on their own. Investigation must be left to appropriate law enforcement authorities.

## Removing Evidence from a Website

### Is the image against the websites policy?

Sites such as Facebook, Instagram, Reddit, Tumblr, Twitter, Yahoo, and many more do not allow NCP. These sites have procedures for requesting removal.

For detailed information on how to request removal from one of these sites visit

Cyber Civil Rights Online Removal Guide  
<https://www.cybercivilrights.org/online-removal/> \*

### What if the site does not offer a removal option?

Copyright law is a valuable tool for content removal. A copyright protects works of authorship.

Photos and videos are among the works of authorship protected by copyright law. If the victim took the photograph or video that was posted without consent, that victim may be the copyright owner or may be able to secure copyright ownership. If someone else owns the copyright, the victim may be able to persuade that person to assign the copyright—a legal assistance attorney may be able to assist with this endeavor.

A copyright owner, or his or her attorney, can send a letter to the hosting website citing the Digital Millennium Copyright Act (DMCA), asserting copyright over the content, and demanding the content be removed. Some websites have DMCA webforms available. When a webform is not available, the victim or victim's attorney should mail and email the DMCA removal letter. Sample DMCA notices can be found at <http://withoutmyconsent.org> \*\*